



**YOUR
HEALTH
IS OUR
PRIORITY**




**MOKSH FOUNDATION
MENTAL HEALTH &
WELLNESS CARE
CENTRE**



- **Our Services**
 - Emotional Wellbeing Support
 - Stress Management Programs
 - Mindfulness & Relaxation Practices
 - Lifestyle & Personal Growth Guidance
 - Family Support & Awareness

CONTACT US

 8390140099
9226553029

VISIT US

www.mokshmentalhealthwellnesscentre.com

**Improving Mental
Health Nursing**