

# LEG EXTENSION

## RS-2401



ADJUSTABLE SEAT BACK



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

42.25" X 50.00" X 55.00" (107 cm X 127 cm X 140 cm)

### PRODUCT WEIGHT

623 lbs (284 kg)

635 lbs with RS-CAGE-NG-OPT1 (288 kg)

### WEIGHT STACK

270 lbs (122 kg)

275 lbs with RS-CAGE-NG-OPT1 (125 kg)

## FEATURES

- ◆ Easy-to-use, the gas shock assisted adjustable back pad accommodates varying leg lengths
- ◆ Self-aligning roller pad automatically adjusts to reduce potential stress of the ankle joints
- ◆ Begins in a upright posture, then rocks rearward during the exercise providing a greater range-of-motion and a more natural hinge movement
- ◆ Rocking movement lowers the hips to maintain a posterior pelvic tilt to better load the quadriceps muscle
- ◆ Optional add-on weight system