

# SUPER FLAT/INCLINE/DECLINE BENCH

## CF-3165



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**

60.75" X 32.75" X 51.50" (154 cm X 83 cm X 131 cm)

**PRODUCT WEIGHT**

121 lbs. (55 kg)

**MAX EXERCISE WEIGHT**

1,000 lbs (454 kg)

## FEATURES

- ◆ Seven back pad positions adjust from -15°, 0°, 15°, 30°, 45°, 60° and 80° to accommodate flat, incline and decline bench exercises
- ◆ Gas-shock assisted seat easily adjusts into five seat positions for varying user heights
- ◆ Thermoplastic polyurethane covers for back pad adjusters to reduce wear
- ◆ Self-aligning roller pads provide leg support during exercises
- ◆ Integrated hand grip and wheels provide tilt 'n roll capability for easy storage